

Brunch

Spicy Bacon Hash Low Calorie:

Bacon, tomatoes, scallions onions, egg, home fries, Sriracha mayo, English muffin

Nutrition Facts

Serving Size 475 Grams (g)	
Amount Per Serving	
Calories 1150	Calories from Fat 780
% Daily Value *	
Total Fat 87g	134%
Saturated Fat 19g	95%
Trans Fat 1.5g	
Cholesterol 485mg	162%
Sodium 2390mg	100%
Total Carbohydrates 56g	19%
Dietary Fiber 6g	24%
Sugars 6g	
Protein 37g	

Spicy Bacon Hash High Calorie:

Bacon, tomatoes, scallions onions, egg, home fries, Sriracha mayo, biscuit

Nutrition Facts

Serving Size 586 Grams (g)	
Amount Per Serving	
Calories 1640	Calories from Fat 1160
% Daily Value *	
Total Fat 129g	198%
Saturated Fat 36g	180%
Trans Fat 2g	
Cholesterol 495mg	165%
Sodium 3650mg	152%
Total Carbohydrates 83g	28%
Dietary Fiber 5g	20%
Sugars 8g	
Protein 39g	

Pot Roast Hash Low Calorie:

Pot roast, egg, cheddar cheese, scallions, home fries, English Muffin

Nutrition Facts

Serving Size 480 Grams (g)	
Amount Per Serving	
Calories 880	Calories from Fat 480
% Daily Value *	
Total Fat 53g	82%
Saturated Fat 18g	90%
Trans Fat 2g	
Cholesterol 515mg	172%
Sodium 1820mg	76%
Total Carbohydrates 53g	18%
Dietary Fiber 6g	24%
Sugars 6g	
Protein 49g	

Pot Roast Hash High Calorie:

Pot roast, egg, cheddar cheese, scallions, home fries, biscuit

Nutrition Facts

Serving Size 596 Grams (g)	
Amount Per Serving	
Calories 1400	Calories from Fat 870
% Daily Value *	
Total Fat 97g	149%
Saturated Fat 36g	180%
Trans Fat 2.5g	
Cholesterol 530mg	177%
Sodium 3110mg	130%
Total Carbohydrates 82g	27%
Dietary Fiber 5g	20%
Sugars 7g	
Protein 52g	

Veggie Hash Low Calorie:

Egg, onion slice, scallions, tomatoes, sweet green pepper, mushrooms, broccoli, cheddar cheese, home fries, English Muffin

Nutrition Facts

Serving Size 535 Grams (g)	
Amount Per Serving	
Calories 870	Calories from Fat 530
% Daily Value *	
Total Fat 60g	92%
Saturated Fat 15g	75%
Trans Fat 3.5g	
Cholesterol 440mg	147%
Sodium 1460mg	61%
Total Carbohydrates 58g	19%
Dietary Fiber 6g	24%
Sugars 8g	
Protein 29g	

Veggie Hash High Calorie:

Egg, onion slice, scallions, tomatoes, sweet green pepper, mushrooms, broccoli, cheddar cheese, home fries, biscuit

Nutrition Facts

Serving Size 649 Grams (g)	
Amount Per Serving	
Calories 1370	Calories from Fat 910
% Daily Value *	
Total Fat 102g	157%
Saturated Fat 32g	160%
Trans Fat 3.5g	
Cholesterol 450mg	150%
Sodium 2730mg	114%
Total Carbohydrates 87g	29%
Dietary Fiber 6g	24%
Sugars 10g	
Protein 32g	

Ham Biscuit Benedict, Hash Browns & Fruit Low Calorie:

Biscuit, 2 eggs, ham, hash browns, hollandaise sauce, scallions, seasonal fresh fruit

Nutrition Facts

Serving Size 525 Grams (g)	
Amount Per Serving	
Calories 800	Calories from Fat 410
% Daily Value *	
Total Fat 45g	69%
Saturated Fat 19g	95%
Trans Fat 2g	
Cholesterol 420mg	140%
Sodium 2040mg	85%
Total Carbohydrates 72g	24%
Dietary Fiber 5g	20%
Sugars 18g	
Protein 31g	

Ham Biscuit Benedict, Home Fries & Fruit High Calorie:

Biscuit, 2 eggs, ham, home fries, hollandaise sauce, scallions, seasonal fresh fruit

Nutrition Facts

Serving Size 549 Grams (g)	
Amount Per Serving	
Calories 900	Calories from Fat 520
% Daily Value *	
Total Fat 57g	88%
Saturated Fat 20g	100%
Trans Fat 1.5g	
Cholesterol 420mg	140%
Sodium 2580mg	108%
Total Carbohydrates 68g	23%
Dietary Fiber 4g	16%
Sugars 18g	
Protein 31g	

Brunch:

All biscuits, rolls & batter items served with butter.

Chicken & Waffles :

Breaded chicken, Belgian waffle, scallions, bacon, praline sauce

Nutrition Facts

Serving Size 305 Grams (g)

Amount Per Serving		Calories from Fat	310
Calories 830			
		% Daily Value *	
Total Fat 34g			52%
Saturated Fat 12g			60%
Trans Fat 0g			
Cholesterol 70mg			23%
Sodium 1870mg			78%
Total Carbohydrates 107g			36%
Dietary Fiber 2g			8%
Sugars 42g			
Protein 24g			

Candied Bacon:

Nutrition Facts

Serving Size 99 Grams (g)

Amount Per Serving		Calories from Fat	180
Calories 430			
		% Daily Value *	
Total Fat 20g			31%
Saturated Fat 7g			35%
Trans Fat 0g			
Cholesterol 55mg			18%
Sodium 970mg			40%
Total Carbohydrates 43g			14%
Dietary Fiber 0g			0%
Sugars 41g			
Protein 19g			

**Pumpkin Bread:
2 Slices**

Nutrition Facts

Serving Size 136 Grams (g)

Amount Per Serving		Calories from Fat	120
Calories 370			
		% Daily Value *	
Total Fat 13g			20%
Saturated Fat 2g			10%
Trans Fat 0g			
Cholesterol 35mg			12%
Sodium 490mg			20%
Total Carbohydrates 59g			20%
Dietary Fiber 2g			8%
Sugars 29g			
Protein 5g			

**Pumpkin Bread:
1 Loaf**

Nutrition Facts

Serving Size 680 Grams (g)

Amount Per Serving		Calories from Fat	590
Calories 1840			
		% Daily Value *	
Total Fat 67g			103%
Saturated Fat 11g			55%
Trans Fat 0.5g			
Cholesterol 170mg			57%
Sodium 2470mg			103%
Total Carbohydrates 293g			98%
Dietary Fiber 11g			44%
Sugars 146g			
Protein 27g			